

Stand Up to Bullying

Assertive Phrases To Stop Bullies

- Friends don't treat each other that way.
- I need a friend who will treat me kindly.
- That's no way to treat a friend.
- Cut it out.
- Knock it off.
- Not cool.
- That was not funny.
- I can take a joke but what you said was not funny. It was mean.
- I like the way I look.
- That sounds like a rumor to me.
- Friends don't do that to friends.

