

# QUOTES OF KINDNESS

*People may forget what you said or what you did, but people will never forget how you made them feel.*

*Bonnie J. Wasmund*

*Acts of kindness encourage a wonderful feeling inside and your body responds with gratitude.*

Kindness  
is a  
Habit.

Constant kindness accomplishes much. Just as the Sun melts ice, Kindness evaporates mistrust, misunderstanding and hostility.

Live a  
life of  
kindness  
and your  
heart will  
soar!

**Each human being holds the opportunity to be kind.**

The best kind of being kind is when no one is looking.

