

COLLECTION OF QUOTES ON BULLYING

“Every moment of your day is a chain of events. Act with more empathy, generosity, kindness, and thoughtfulness. Everyone will benefit.” Theresa Caputo

“When the debate is lost, slander becomes the tool of the loser.” Socrates

“Drop a stone into the water. In a moment it is gone. But there are a hundred ripples circling on and on. Say a word of cheer and splendor. In a moment it is gone, but there are hundreds of ripples circling on and on.” Anonymous

“Time is like a river. You cannot touch the same water twice, because the flow that has passed will never pass again. Enjoy every moment of your life.” Anonymous

“Even though there are days I wish I could change some things that happened in the past, there’s a reason the rear view mirror is so small and the windshield is so big. Where you are headed is much more important than what you’ve left behind.” Anonymous

“You’ll know you’ve made the right decision when there is peace in your heart. Listen to your own heart. There are only a few people in this world who will stay completely true to you and YOU should be one of them. Listen to your own voice and soul. Too many people listen to the noise of the world instead of themselves. Deep inside, you know what is right. Let no one decide that for you.” Anonymous

“If you don’t leave your past in the past, it will destroy your future. Live what today has to offer, not for what yesterday has taken away.” Anonymous

“Never settle for less than you deserve. And you deserve the best that life has to offer.” Anonymous

“The mind will not always remember exactly what happened, but the heart will always remember the feeling.” Anonymous

“Be an example. Show kindness to unkind people. Forgive people who don’t deserve it. Love unconditionally. Your actions always reflect who you are.” Anonymous

“The people in your life should be a source of reducing stress. Not causing more of it.” Anonymous

“Don’t pray to God for an easy life. Pray for the strength to be able to accept, handle and conquer anything that comes your way!” Anonymous

“You don’t need a reason to help people. You just need a caring heart.” Anonymous

“You can’t go anywhere when your tank is empty and you can’t help others if you don’t take care of yourself.” Anonymous

“Believe what your heart tells you, not what others say.” Anonymous

“Life is short. Do whatever makes you happy and be with the people that make your heart smile.” Anonymous

“Standing alone is better than being around people who don’t value you.” Anonymous

“Friends come and to like waves on the ocean. But the true ones stick like an octopus on your face.” Anonymous

“Today I am grateful for all the people that are loving and kind to me.” Anonymous

“Do good for others. It will come back to you in unexpected ways.” Anonymous

“Don’t panic. Everything is going to be alright. Trust God and let Him work.” Anonymous

“Never argue with a liar. You can’t win because they believe their own lies.” Anonymous

“When someone is mean, don’t listen. When someone is rude, walk away. When someone tries to put you down, stay firm. Don’t let someone’s bad behavior destroy your inner peace.” Anonymous

“A person can break your heart and damage your spirit, but never, ever give them the power to break your spirit.” Anonymous

“You may not understand today or tomorrow, but God will eventually reveal why you went through everything you did. Trust His plan.” Anonymous

“Your relationship with God is the most important relationship you can have.” Anonymous

