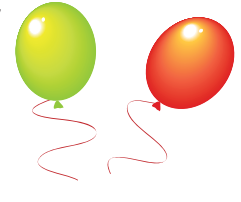


# ***LIFT EACH OTHER UP!***



Words are important.  
They can either lift up or deflate a person.

Write a compliment on the balloon below about the person to your right and give it to them. This can be varied. Depending on time constraints, you could have participants write a compliment about each person at the table. You can use these balloon compliments to decorate a bulletin board.

