



Metropolis: Boston

Chapter: St. Spyridon Cathedral

102 Russell Street

Worcester, MA 01609

Project: Senior Citizen Outreach

Objective: The project's premise is to expand the existing outreach programs for the elderly in the church and local community.

- To increase attention and support for longstanding elderly outreach programs within the parish.
- To provide aide and visitations to local nursing homes and senior centers.
- To extend outreach to non-orthodox elderly who are in need of support and companionship.

Recipients of this project:

- Elderly who are homebound, in a nursing home or other health-care facility.
- Holy Trinity Nursing and Rehabilitation Center, Worcester, MA

In executing this project, some suggested activities include:

- Visitations to the elderly during holidays and throughout the year.
- An offering of a plant, homemade Vasilopita or Tsourekis to the elderly
- Preparation of a light lunch three to four times a year that is brought to the Holy Trinity Nursing Center. (Dietary restrictions are carefully monitored).
- Entertainment, such as: Greek music, videos or some Greek dancing are provided during the luncheon.
- Afternoon visitations to the Holy Trinity Nursing Center to serve Greek coffee and a "gliko" or pita.

For additional information contact:

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