



Metropolis: Chicago

Chapter: Holy Apostles Greek Orthodox Church

2501 South Wolf Road

Westchester, IL 60154

Project: Pillars and Rocks

Objective: The project's premise is that the older adult members of our society can benefit from some help, support, comfort and companionship in their lives. Given this premise, the objective of this project was:

- To increase awareness and understanding of the older adults living among us;
- To find new ways to include our older adults within our community and within our lives;
- To provide these older adults with various services that can assist them with their daily lives;
- To partner with other organizations within The Parish Family for specific projects and ideas

These elders: Are the Pillars of our community, and the Rocks upon which our strong foundation was built:

- Have wisdom and experience to share in their stories; and
- Deserve our attention and respect for all they have accomplished

In executing this project, some suggested activities include:

- Visits to Nursing Homes, Rehabilitation and Senior Centers, as well as shut-ins;
- Compiling a list of volunteers who are willing to drive older adults for errands and appointments;
- Coordinating transportation for seniors to be able to attend Senior Bible Study and other activities with the Parish Community;
- Providing meals to shut-ins;
- Yard clean-up for seniors needing assistance;
- Hosting a dinner party at a Senior Services Center

For additional information contact:

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