



Metropolis: Pittsburgh

Chapter: Holy Trinity Greek Orthodox Cathedral

St. Katherine Philoptochos Society

Camp Hill, PA

Project: Domestic Violence of Cumberland and Perry Counties

Objective: The purpose of this project is to

(1) provide everyday necessities such as food, clothing, toiletries and baby items for the Women's Shelter on a monthly basis

(2) adopt a room in the shelter by furnishing a room with needed painting, carpeting, lamps, adult bed, baby crib, mattresses, linens, etc.

Recipients of this project:

Women and children who require community support for emotional and physical well-being and protection.

In executing this project, some suggested activities include:

The project was incorporated by establishing monthly themes as follows:

- November and December: Meat and canned goods (dry goods) which were donated.
- January: Clothing—winter wear such as jackets, sweaters, gloves, scarves and hats for women and children.
- February: Toiletries
- March: Baby Shower for a pregnant resident
- April, May and June: An “adopted room” was refurbished by volunteers who painted the room and installed carpeting. Donations included carpeting, bed linens, towels, a baby crib, adult bed and mattress, dresser, lamps, painting and items to decorate the room.
- September: School supplies and book bags were collected.
- October: Women in Crisis Month—collected women hygiene products.

This rewarding project offers women a comfortable stay, provides for the physical needs of these women and their children which in essence gives them a sense of dignity and worth and, at the same time, gives them an opportunity to concentrate on the more important emotional needs for their future and healing.

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