



# Featured on:

(Partial List)



## Maria Baltazzi, PhD, MFA Emmy Award Winning Producer Happiness Explorer



"I recommend that you take a shot at reading this practical and accessible book on happiness. Maria offers a creative approach that combines journaling and phone photography activities that help you integrate the concepts she writes about."

~ Dr. Tal Ben Shahar,  
New York Times Bestselling Author of *Happier*,  
Former Harvard Lecturer

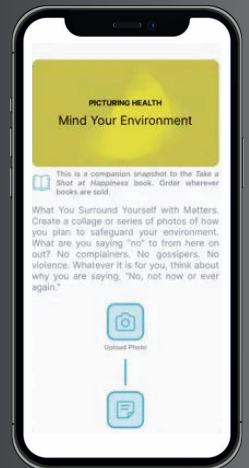
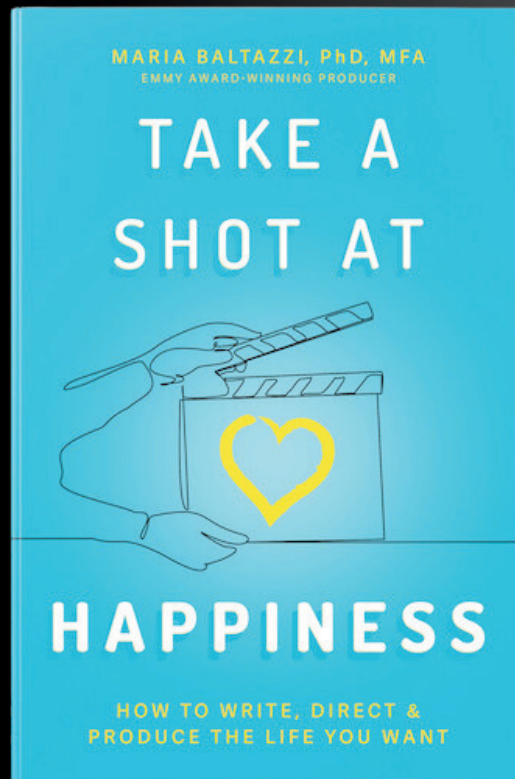


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